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BY MIA JAMES

THE CANCER POETRY PROJECT and CRAZY SEXY CANCER SURVIVOR



The Cancer Poetry Project

Edited by Karin B. Miller
Tasora Books, 2007

Writing poetry offered precious sanctuary to Karin Miller when her husband was diagnosed with cancer—so much so that she was certain others affected by a cancer diagnosis would find similar value in creating and sharing one another's poems. After unsuccessfully searching for an anthology of poetry authored by patients, survivors, and their loved ones, Karin determined that she would create her own such collection. The result is *The Cancer Poetry Project*, a compilation of 140 poems. Its verses are as varied as the cancer experience: some offer comfort or reflect on happiness and beauty, others express anger and denial, and many add a healthy dose of humor.

"Response to *The Cancer Poetry Project* has far exceeded my expectations," says Karin, who credits the collection's popularity largely to its wide-ranging appeal. "Whether poignant, angry, or hilarious, these poems ring true with readers because the writers have all been touched by cancer: they are patients, spouses, partners, family members, friends, physicians, and nurses."

From *The Cancer Poetry Project*

"*The Cancer Patient Talks Back*" (excerpt)

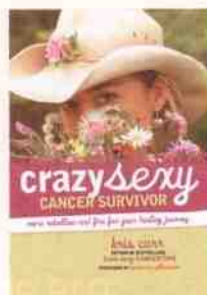
By Molly Redmond

No.
I don't want to hear about your uncle
and how he lived three years
after being diagnosed.
And I don't want to hear
how many times your cousin threw up when she had
chemo.
Nor how your neighbor's baby
had twelve toes
maybe from radiation.

...the only person I want to hear about
is your Grandma Ruth,
who was diagnosed at fifty
and died at ninety,
skydiving.

Otherwise,
hold your tongue.

To learn more about *The Cancer Poetry Project*, visit
www.cancerpoetryproject.com.



Crazy Sexy Cancer Survivor: More Rebellion and Fire for Your Healing Journey

By Kris Carr
Skirt! Books, an Imprint of Globe
Pequot Press, 2008

In August 2007 Kris Carr unleashed her message of hope, happiness, and health with her first book, *Crazy Sexy Cancer Tips*. Part memoir and part how-to guide for living large in spite of a cancer diagnosis, Kris's book and accompanying documentary of the same title (which aired in 2007 on the Learning Channel), showed us all—cancer survivors and others—that no challenge should thwart the pursuit of total well-being, joy, and love. A year later the actress, author, filmmaker, and rare sarcoma survivor has now released *Crazy Sexy Cancer Survivor*, which delivers even more wisdom, insight, and advice for the body and soul.

In her latest release, Kris invites the reader to actively participate in her proposed personal revolution: it's laid out like a workbook with questions and exercises, challenging the reader to dive in, dig deep, and shake things up as we saw Kris do in her previous book and documentary. Topics she invites us to explore and write down, with space provided, include:

- "How do you find stability in the midst of unsafety? The very first thing that comes to your mind is a gut message. Incorporate it into your life on a regular basis.
- "Make believe time! What does the woman or man you desire to become look like? How does she act? Dress? Speak? What aspects of yourself would you need to change in order to become more like her? Don't be stingy with the details. Have fun and delve into your imagination."

For more information on *Crazy Sexy Cancer Survivor*, Kris Carr, and "more rebellion," go to www.crazysexycancer.com or www.globepequot.com/skirt.

Rx PRESCRIBED READING

You can purchase *The Cancer Poetry Project* and *Crazy Sexy Cancer Survivor* online at The Cancer Care Store:
www.cancercaresite.com